THE EVOLUTION OF THE BURNOUT

COVID-19 Edition

2020

Presented by blind
73% of working professionals are burned out.

As compared to 61% of working professionals in mid February.

*Blind received survey responses from a total of 6,789 users*
TOP REASONS FOR BURNOUT:

February 2020

25.3% Unmanageable workload
15.7% Insufficient rewards
15% Lack of control over work
13.4% Lack of support from manager
12.2% Burnout is not a problem here
10.2% Unfair treatment
8.3% Other
TOP REASONS FOR BURNOUT:

During COVID-19

- 26.7% No separation between “work” and “life”
- 20.5% Unmanageable workload
- 18.8% Job security concerns
- 10.8% Lack of control over work
- 11.1% Lack of support from manager
- 12.1% Other
BURNOUT INDICATOR

Low | Medium | High
Burnout Rate:
Finance vs. Tech Companies in February 2020

Finance: 58.6%
Tech: 61.7%
Burnout Rate:
Finance vs. Tech Companies
during COVID-19

<table>
<thead>
<tr>
<th></th>
<th>Finance</th>
<th>Tech</th>
</tr>
</thead>
<tbody>
<tr>
<td>71.5%</td>
<td></td>
<td>73.8%</td>
</tr>
</tbody>
</table>

- 40-55.5%
- 56-74.5%
- 75-90%

blind
The 10 Most Burned Out Companies in February 2020

- Oracle: 78.6%
- T-Mobile: 76.5%
- Apple: 76.2%
- Cruise Automation: 75%
- PayPal: 71.9%
- Splunk: 70.6%
- Groupon: 68.8%
- JPMorgan Chase & Co.: 68.4%
- Wayfair: 68.2%
- Lyft: 66.7%

40-55.5%  56-74.5%  75-90%
The 10 Most Burned Out Companies during COVID-19

- **Lyft**: 87.9%
- **Uber**: 82.1%
- **Airbnb**: 80.6%
- **LinkedIn**: 80.4%
- **Oracle**: 80.3%
- **Cisco**: 77.8%
- **Salesforce**: 77.1%
- **Apple**: 76.3%
- **PayPal**: 75.5%
- **Expedia Group**: 75.3%

**Emotions**: 😞 😞 😞 😞 😞 😞 😞 😞 😞 😞

**Blind**

- Green: 40-55.5%
- Yellow: 56-74.5%
- Red: 75-90%
The 10 Least Burned Out Companies in February 2020

- Bloomberg: 38.5%
- Intuit: 42.1%
- Zillow Group: 44.4%
- Salesforce: 48.1%
- IBM: 50%
- SAP: 52.2%
- NVIDIA: 52.4%
- Intel Corporation: 53.4%
- eBay: 54.5%
- Workday: 57.1%

40-55.5% 56-74.5% 75-90%
The 10 Least Burned Out Companies during COVID-19

- Bloomberg: 44.8%
- SAP: 59.0%
- NVIDIA: 63.6%
- Adobe: 64.9%
- Google: 65.8%
- Facebook: 66.3%
- Intel Corporation: 68.4%
- eBay: 70.4%
- Careem: 72.4%
- Microsoft: 73.3%

40-55.5%  56-74.5%  75-90%
Job Function Breakdown of Burnout in February 2020

- Marketing and Communications: 74.8%
- Finance and Accounting: 66.7%
- Sales/Support: 64.8%
- Business Strategy/Operations: 64.1%
- HR: 59.6%
- Engineering and Technology: 59.5%

Branches:
- 40-55.5%
- 56-74.5%
- 75-90%
Job Function Breakdown of Burnout during COVID-19

- Marketing and Communications: 83.3%
- Finance and Accounting: 82.6%
- Business Strategy/Operations: 78.7%
- Sales/Support: 78.0%
- HR: 77.3%
- Engineering and Technology: 73.8%

The chart shows the percentage of burnout reported across various job functions during COVID-19, categorized into three ranges: 40-55.5%, 56-74.5%, and 75-90%.